



## **ANTI-DOPING POLICY**

Elite XI Soccer Academy creates open communication with our athletes to empower their responsibility for understanding their rights in clean sports and participation. Elite XI Soccer Academy has strict policies that comply with the Canadian Centre for Ethics in Sport (CCES) and have private reporting for those participants suspecting non-compliance.

The coaches and medical professionals support the athletes by checking all medications, and supplements and verifying medical procedures to ensure clean athlete participation. Elite XI Soccer Academy uses resources on the CCES site and the World Anti-doping Agency prohibited list to review annual changes and substance use information to consult regularly with the athlete's parents and guardians for maintaining international and local standards."

<https://cces.ca/canadian-anti-doping-program>

<https://www.wada-ama.org/en/content/what-is-prohibited>

The use (which includes being under the influence of), distribution, or possession of tobacco (i.e. cigarettes and vapour products, containing or free of nicotine), cannabis (i.e. plant, oil, or edible form) alcohol, illicit drugs, and other controlled or mood-altering substances by any players of Elite XI Soccer Academy during any practices or games, or during transit to and from soccer-related functions, is strictly forbidden. These actions are considered harmful to player health and safety, detract from an individual's potential, compromise the welfare of others in our community, and, in most cases, violate the law. Players that promote the use of vaping products (with or without nicotine), tobacco, cannabis, alcohol, and illicit drugs amongst the WIA community while off games and practices may also be considered in violation of this policy.

## **CONTROLLED SUBSTANCES**

Controlled substances can be obtained with or without a prescription, and can be used in a manner dangerous to the health of the user. These substances include but are not limited to, the following: alcoholic beverages, narcotic drugs, hallucinogenic or mind-altering substances, stimulants, depressants, marijuana, inhalants, intoxicants, or any other illicit controlled substances as defined in law, or any prescription or non-prescription medication or chemical substance.

This policy also applies to substances that are presented as or intended to appear as controlled or illegal substances (i.e. look-alike drugs).

## **PRESCRIPTION MEDICATION**

Players who use prescription medication that falls under the category of controlled substances (including medical marijuana) must communicate this to the Head Coach of Elite XI Soccer Academy so that accommodations can be discussed. Players may be required to provide proof of prescription from a licensed Canadian medical doctor.

## **DISCIPLINARY CONSEQUENCES**

Violations of this policy are considered serious breaches of the Code of Conduct and will result in suspension from the team and Elite XI Soccer Academy.

Expulsion from the team and Elite XI Soccer Academy is to be expected for the following when at practices or games, travelling to and from practices or games or at soccer-related functions:

- the sale or distribution of drugs or other controlled substances;
- the use or possession of 'hard drugs.'

In addition, at the discretion of the Head Coach of Elite XI Soccer Academy, the possession or use of drugs during practices or games may result in permanent suspension or expulsion, depending on the nature and scope of the incident.